



## **Sandplay Community Update re: Covid-19**

October 12, 2020

We hope this update finds our CAST community members safe and well.

**Sandplay Practice Update.** We are encouraged that despite the complexities of offering Sandplay Therapy during the pandemic, many of our members are meeting these challenges with professionalism. We expect our members to continue to ensure the safety of their practice by adhering to the advice of their health officials, and by complying with the requirements of their regulatory body and/or professional organization, or workplace.

The **CAST Virtual Support Group** meets monthly in English. These community gatherings bring our members together during the pandemic to reconnect around shared values and practice perspectives. Contact [communitynetwork@sandplaycanada.ca](mailto:communitynetwork@sandplaycanada.ca) to attend, or to inquire about gatherings in French.

**Training:** We are happy to confirm that CAST is able to provide opportunities for trainees to continue with trainings that had been planned prior to the pandemic. Virtual programs are being offered for the remainder of 2020, as the International Society for Sandplay Therapy (ISST) has approved an increase of allowable online training hours during Covid. ISST will review the extension of virtual training for 2021. Contact our Teaching Members and check the website for updates.

**Supervision:** Supervisors continue to offer individual and group consultation. ISST has also approved an increase of allowable online supervision hours for 2020.