

**NOVEMBER 7, 2020 at 12:00-4:30 p.m. EST**

**Second CAST WEB-conference  
Keeping Connection through Sandplay Therapy  
and CAST AGM**

**COST: Members *Free*, *Non-members* \$20**



**CAST**

Canadian Association  
for Sandplay Therapy

Association canadienne pour  
la thérapie par le jeu de sable

Please reserve your participation **online**  
or with Ioanna Solomatina at:  
[admin@sandplaycanda.ca](mailto:admin@sandplaycanda.ca)  
**Deadline for registration**  
**October 24, 2020**

## **PROGRAM**

### **12:00-12:45 (EST) Ann Holroyd Presentation on the symbol of Raven**

The symbol I have chosen is the raven. My attraction to ravens is something that has perplexed me. What I realize now is that I generally focused on those qualities in the raven that were well developed in myself ignoring the ravens many other qualities especially those which needed greater development in myself. The qualities I symbolically identified with in the raven could easily be framed as 'Calvinist like' and highly encouraged in my family of origin: hard work, focus, rising early each day, putting as much productive activity into the day and valuing the idea of putting off fun until all the work was complete. The problem here is that there is always work to be done and for that reason it is a self-defeating quality. Turning to the Grimms fairytale "The seven ravens" I will reflect on the symbolic way that it captures the human struggle with the shadow, the critical controlling animus, the view of never being quite good enough, the mother archetype and the ongoing struggle with transformation. Jung believed that in our mid-thirties or later, the self returns in full force disturbing the ego which has been busy building a life for itself thus announcing the beginning of a transformative process. In the Grimms Fairytale the seven sons are turned into ravens shortly after the birth of their sickly baby sister (or the anima) which is highly symbolic of what Edinger (1994) explains as the ego process and the rebirthing of aspects of the self which exist in the unconscious. As this presentation will explain the turning of the seven sons into ravens reflects the weightiness of this transformative process and the value of the symbolic as an individual moves toward unity or wholeness within oneself.

## PROGRAM

### **12:50-1:40 (EST) Sylvia Simonyi-Elmer**

#### **Demonstration of the video, “Insight into Sandplay Therapy with Martin Kalff”**

In the following video, “Insight into Sandplay Therapy with Martin Kalff”, Dr. Kalff, son of Dora Kalff discusses his mother’s pioneering work. He also expands upon his mother’s work by exploring the relationship between Contemplative Sciences, Sandplay Therapy and Jungian Psychology. Martin Kalff received his PhD from Columbia University in Religious Studies with an emphasis on Buddhist studies. He is a teaching member and founding member of the International Society for Sandplay Therapy. He continues his own practice in Switzerland as well as teach and supervise sandplay students.

### **2:00-4:30 CAST AGM (CAST Members only)**

## PRESENTERS

### **Ann Holroyd**

Ann began working toward her certification in sandplay therapy in 2015 and is currently working on the completion of her final sandplay therapy paper. Ann completed the two-year professional seminar program through the Seattle C.G. Jung Institute (2012) and a certification in play therapy from the Justice Institute (2016). Ann holds a doctoral degree in Health Sciences (Monash University, 2005) and a masters degree in Adult and Community education (University of Calgary, 1996). Ann has worked in community health care services for over 35 years and has maintained a private counselling practice since 2012.

**Sylvia Simonyi-Elmer** has been an Internationally Certified Sandplay Therapist since 1997. She is a founding member of CAST and was the National Representative for CAST on the ISST Board for 8 years. She currently serves on the CAST Board and is considered one of the Senior Teaching Members of CAST. She is a Registered Psychotherapist and is also a Supervisor with Play Therapy International. She has been in private practice in Kingston since 1993. Prior to her private practice she was employed at the Muki Baum Association as their Psychometrist/Therapist.

**Please note that you need to register in order to be able to attend the Web-Conference.**

**After the registration you will receive an e-mail with the instructions on how to join the Web-Conference. The information is individual to every registrant. In your registration please indicate your email and also if you are planning to attend the AGM.**